

ABSTRACT OF THE DISCLOSURE:

[0091] In a method applicable to a vibration
damping engine mount for an internal combustion
engine and the vibration damping engine mount
5 therefor, a varying air pressure is supplied to the
vibration controllable support mechanism and one of
a negative pressure developed in a negative pressure
pump and the atmospheric pressure to the vibration
controllable support mechanism is supplied to a
10 vibration controllable support mechanism constituting
the vibration damping engine mount in accordance with
the vibration of the internal combustion engine.

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